

COMPULSIVE EATERS ANONYMOUS-HOW
MINUTES FROM LA INTERGROUP (LAIG) MEETING
NOTES FROM LAIG meeting Sunday, April 14, 2024 at 11:30 a.m.
Zoom ID: 872 2239 1320 PW: recovery

Call to Order and Serenity Prayer by Minh-Son D.

Intergroup officers, chairs, representatives, and visitors present: Minh-Son D., Mary Eileen O'D., Wendy B., Jennifer W., Janet M., Suzanne V., Else H.

MINUTES

March minutes were approved unanimously.

REPORTS

CHAIR: Minh-Son D.

- Fellowship event was successful. About 30 people attended, attendance reflected the site of the host (La Canada meetings held at same church).
- Discussion of moving it to a Westside location next time and to have it be hosted in different parts of the city. Consider having again late summer or fall of 2024, after global convention which will provide a lot of fellowship opportunities.

SECRETARY: Wendy B.

- No report – Else taking minutes this week.

TREASURER: Janet

- Summary of the Treasurer's Report: We collected \$1,141 this month. Literature sales \$125.75; Gross income \$1,266.75; sent WSO \$378.30; Area 1 \$192.20; Total expenses \$1,097.42; monthly net income, **\$169.33**.
- **March 2024** balances below:

Bank balance:	\$5,227.96
Outstanding checks:	\$570.50
Prudent reserve:	\$2,000
Social fund:	\$200
Res for 2024 event:	\$600
Fund balances:	\$3,370.50
Excess funds:	\$1,857.46

(Janet noted error on report and sent revised report following close of meeting.)
- Janet shared that there were 5 scholarships available and that one was already earmarked. There was discussion about the process for applying and awarding scholarships and the idea to have criteria or requirements set up for awardees including: person would attend LAIG meeting; be required to hold a service commitment, as well as service at an LAIG meeting; to ask about financial need. Janet explained she and Tom would present candidates at May 12 meeting but the group suggested an application be created and discussed and approved at May 12 meeting and applicants would have May 14-June 28 to apply and won't consider applicants until all in applications in.
- Else offered to create a google form that would allow data to be collected and compiled and could be shared with Tom and Janet.
- We will review this process next year.

LITERATURE CHAIR: Mary Eileen O.

- Sales have increased.
- Expenses are low but in need of envelopes and postage and will need to order some more literature soon.
- Mary Eileen will send invoice to Janet.

WEBMASTER: Else H.

- No update.

PUBLIC OUTREACH CHAIR: Nuria not present

- No update.

OLD BUSINESS: Minh-Son

- None.

ANNOUNCEMENTS: Minh-Son

- SF Valley IG workshop MAY 18 @ 1:00 PM - 3:00 PM When Saying "No" is Enough
- New LGBTQIA online meeting Sunday 8:00 pm (GMT-05:00) Eastern Time (US & Canada)
- Spanish speaking committee organizing a workshop, details to come

MEETING CLOSES 12:05 p.m. with the Serenity Prayer. Our next meeting is 11:30am, May 12, 2024.